COACH/INSTRUCTOR CODE OF CONDUCT

I understand that as an integral component of my coach/instructor accreditation, I must maintain a standard of behaviour and conduct in the best interests of the sport and the gymnasts and/or staff in my care. In representing myself in an honest manner and without bringing the coach/instructor profession or the sport into disrepute, I will endeavour to uphold the following to the best of my ability:

General Principles

a) Abide by the rules, policies and procedures of **TJ's Gymnastics Club** and British Gymnastics and applicable organisations.
b) Honour the responsibilities given to you as a coach/instructor by ensuring you maintain appropriate and valid accreditations. DBS, BG membership, Safeguarding qualifications.
c) Remember that children participate in sport for their enjoyment and benefit – not yours.
d) Focus on your gymnasts efforts and performance rather than winning or losing.
e) Work to instil confidence in your gymnasts ability and skill development, always avoiding comparisons with other gymnasts.
f) Be aware of the role of the coach/instructor as an educator. As well as imparting knowledge and skills, promote desirable personal and social behaviours.

Expectations

a) Provide a safe, welcoming and inclusive environment that places health, welfare and wellbeing of gymnasts above all else.
b) Set a good example for all **TJ's Gymnastics Club** gymnasts and members by demonstrating appropriate behaviour and conduct at all times.
c) Always dress appropriately in uniform, leggings, tracksuit trousers or shorts, TJ's vest top or t-shirt, sweatshirt, socked feet. No jewellery and long hair tied up.
d) Ensure you arrive for every shift on time and inform management if you're running late.
e) Inform management if you are unable to attend your shift, giving as much notice as possible.
f) Treat the **TJ's Gymnastics Club** premises with respect, always ensuring all areas remain clean and tidy.

g) Ensure you are fit and well to participate for each shift – this includes informing management of any health or medical conditions that may require appropriate modifications.
h) Display consistent exceptional levels of behaviour, including the use of appropriate language, and good communication with all.
i) Regularly partake in professional development to ensure your coach/instructor knowledge is progressive and evolving as well as keeping up to date with current changes in rules and regulations.

Representation

a) Accredited coaches/instructors must ensure that they only deliver skills within the syllabus of their coach/instructor qualification.
b) Communicate and co-ordinate with medical practitioners in the diagnosis, treatment and management of a gymnasts medical/psychological problems.

Respect & Sportsmanship

a) Treat all gymnasts fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
b) Encourage gymnasts to respect one another and to expect respect for their worth as individuals regardless of their level of participation.
c) Accept and respect the role of judges and administrators, as well as the role of any employees or volunteers of affiliated bodies who assist in the administration of the sport of gymnastics generally.
d) When working with gymnasts, actively promote the forbidden use of performance enhancing drugs.
e) Recognise a gymnasts rights to consult with other coaches/instructors and advisors, including sports medicine / sports science professionals.
f) Coaches/instructors must always promote the positive aspects of gymnastics and never behave in a way which brings the sport into disrepute.

Child Safety and Duty of Care

a) Actively promote a safe culture and positive environment for all gymnasts at all times, in line with all British Gymnastics Safeguarding Policies and procedures.
b) Ensure every child in your care has been collected safely at the conclusion of your class.
c) Ensure any physical contact with gymnasts is appropriate to the situation and necessary for the gymnast's skill development.
d) Use appropriate training methods that will benefit those you coach/instruct, taking care to avoid methods that could be harmful. Consider age, experience, ability and physical and psychological factors, and specifically, when making such decisions involving children, in adherence to the British Gymnastics Safeguarding Policy & procedures.

e) Always report concerns/disclosures/accidents and incidents as per the procedure set out in **TJ's Gymnastics Club** and British Gymnastics/home nations Safeguarding policies and procedures.
f) The use of mobile phones or recording devices is not permitted at any time during your shift. With the only exception being photographs/videos taken for training purposes. Training images must not be placed in the public domain. This includes publication on the internet: for example, on sites such as YouTube and on social networking sites such as Facebook unless in access-restricted areas.