www.tjsgymclub.co.uk
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updated 8 July 2024

CODE OF CONDUCT & CLUB RULES
For Participants and Parents

As a member of TJ's Gymnastics Club, Wimbledon you are expected to abide by the following club rules:

- Fees for classes or competitions must be paid promptly before the start of term.
- All gymnasts must be members of British Gymnastics.
- Members must inform the head coach of any injuries or illness they may have before the warm-up begins.
- Bring a water bottles and leave it at the front of the hall by TJ's bear. Children may drink as often as required.
- Gymnasts must wear suitable attire for training. Tracksuit trousers, shorts or leggings, and t-shirt or leotard for girls.
  No jeans, casual trousers, skirts (including ballet skirts), hooded tops, clothing with zips or buttons, dressing up clothes, socks or shoes. Keep all long hair tied back. Remove all jewellery, including ear rings or other piercings. No soiled, damp, or dirty clothing to be worn. Verrucas to be covered with plasters/tape.
- Please ensure children are encouraged to use the toilet before their class. Should children need to use the toilet during the class, they use the ones adjacent to the hall. There is a barrier to stop children going into the foyer. Children are expected to use the toilet by themselves, coaches will only assist if requested by the child. If your child is not able to use the toilet by themselves, we request you remain on the premises to assist your child if required.
- Gymnasts must not eat during a session.
- No personal toys to be on the mats whilst a class is in session.
- In the Toddler and Mini Gym classes children are expected to participate or observe the warm up and cool down. No one can use the equipment until the coaches have given guidance and instruction.
- All children should remain with coaches at the end of a session until collected by their parent or guardian. Notice must be given in writing if a child in year 5 or lower is allowed to walk home alone.
- In the Mini Gym and Gym classes, no parents will be allowed in the hall, but you are welcome to view classes through the doors in the porch areas. **Chairs must not be moved to block the double doorways.**

- Should a child misbehave, (including pushing, hitting, bad language and acting in a disrespectful manner) depending on the severity of the behaviour, they will be given a verbal warning or be sat out. In extreme cases, they will be removed from the class, and will not be able to return until the following week.

- Confrontational or aggressive behaviour from a parent/carer will not be tolerated.

- If your child wishes to leave the hall, they MUST inform the coach. If they choose to run out of the class without permission, we will restrain them as we may not know where or if the parent/carer is on the premises. This is will only occur in extreme cases, as we are responsible for your child whilst they are in the hall.

- Remember that your child/children participate in sport for their enjoyment, not yours. All children participating are expected to listen and adhere to the coaches' instructions.

- Watching Week for all classes will always be the last week of term.

- We request that filming and photography by anyone other than the coaches is only permitted during Watching Week. This policy excludes the Toddler Gym class where photos can be taken with the coach's consent. Parents/carers should only take photographs of their own children.

We are fully committed to safeguarding and promoting the well-being of all our members. The club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and share any concerns or complaints that they may have about any aspect of the club with our **Club Welfare Officer**, **Nelum Samara, welfare@tjsgymclub.co.uk.**